

(NATIONAL, SOCIAL SERVICE)

Class XI & Class XII

N.B. An outline of the programme of activities in this subject is suggested here for both the classes, 50% of the programme should be covered in class XI and the remaining in class XII.

1. Manual work :
 - (A) Sweeping and cleanliness.
 - (B) Decoration
 - (C) Plantation.
2. Sanitation :
 - (A) School sanitation
 - (B) Domestic sanitation.
3. Camping :
 - (A) Social welfare camps should be organised in villages.
4. Marching & Drill
 - (A) Rallies to be organised in villages and cities (with singing national songs) for awakening the masses.
5. Educational Activities :
 - (A) To conduct literacy classes.
 - (B) Knowledge of saving scheme.
 - (C) Story telling.
 - (D) Knowledge of civil defence
 - (E) Traffic rules
 - (F) Newspapers.
6. Health Activities :
 - (A) To conduct First aid classes.
 - (B) Balance diet.
 - (C) Personal cleanliness.
 - (D) Importance of pure drinking water.
7. Recreational Activities :
 - (A) Programme of games & sports .
 - (B) Cultural programmes.
 - (C) Excursions and hikes
 - (D) Lectures on village - uplift.

N.B. :- Every institution should adopt a nearby village for social work if possible. Teachers will evaluate the pupils on participation in different activities and will maintain a record.