

SCOUTING & GUIDE

Class XI & Class XII

1. History of Scouts and Guide movement.
2. General programme.
3. Camp-craft :- pitching and stretching a tent. Different type of tent pitching knots (Demonstration & practice)
4. Signalling :- All types of signalling should be taught/speed of 30 signs in a minute in any language.
5. Swimming :- Swim 50 meters any stroke, should have a knowledge of safety-rules of saving any muscle cramps.

OR

Pass proficiency test badges in any one of the following athletics, gymnastics, hiking and climbing.

6. Estimation with the help of apparatus like scarf. Estimate the height, distance and weight.
7. Mapping, Read and use of survey-sheet. Govt. of India.
8. First aid knowledge of body organs specially, respiration, blood circulation, skeleton systems, All kind of fractures, Accident fire, drawing painting and electric shocks and the knowledge of First aid of all above elements.
9. Type of common diseases and their elementary treatment.
10. Camping :- One camp of seven nights with the help limited resources.
11. Services :- Render social services approved by Distt. Commissioner.
12. Hiking :- Ten miles hiking.

N.B. :- 50% of the above topics should be taught in class XI and the remaining in class XII. Record should be maintained by the teacher concerned for evaluation.